

An All New YOU

Knight Dermatology Institute is on the forefront of laser surgery and cosmetic procedures, giving patients beautiful skin with little downtime and lasting results.

By Nancy N. Glick



Dr. J. Matthew Knight consults with a patient, explaining how the Lumenis Total FX™ Fractional CO₂ Laser treatment works to give skin a refreshed, revitalized look.

Photos by Catchlight Studios.com

We all want it—youthful, soft, glowing skin without wrinkles, blemishes or creases. We know how attractive and desirable a flawless face is—not to mention smooth legs and bellies, free of stretch marks and veins. But as we age sometimes, these things are harder to maintain.

With advanced laser technology, that is changing. **J. Matthew Knight M.D.**, owner of **Knight Dermatology Institute** in Orlando, is able to give clients a new, refreshed look using Lumenis Total FX™ Fractional CO₂ Laser treatment.

As a matter of fact, Dr. Knight is one of the first dermatologists in Orlando to use this cutting-edge technology. CO₂ laser is the “gold standard” device for resurfacing the skin. In the past, the problem was that the treatment could cause darkening or lightening of the skin, which sometimes produced scarring.

“What we are doing now is fractionating the dose,” Dr. Knight explains. The results are both instant and long-term. Only one treatment is required. Each pulse of the laser removes a column of tissue, eliminating pigment problems and causing the skin to tighten. The procedure can also treat other areas in addition to the face, such as hands, neck and chest.

According to Dr. Knight, the CO₂ laser removes tiny areas of the skin’s surface rather than affecting the entire skin, and allows bridges of non-affected tissue to stimulate rapid healing. He says this new approach to fractional resurfacing is more effective and several trials have shown excellent treatment of coarse and fine wrinkles, skin laxity, sun spots and overall skin aging.

Happy Customers

Fractional CO₂’s success can be seen in the smiling faces of Dr. Knight’s happy clients. **Ruth Ames** of Winter Park underwent Fractional CO₂ laser treatment to remove lip lines and brown spots caused by sun exposure.

“It only took a couple of hours,” she says. “They numbed my face with cream and an injection, and basically I had my whole face lasered. The spots are gone, and the skin is tightened under my eyes.

“There was some discomfort, but it’s well worth it,” she explains. “I looked a little unsightly for about five days, with my face slightly pink. However, my appearance has improved over time. I don’t even wear makeup anymore.”

STAR Physician

Another unique service offered at Knight Dermatology Institute is Evolence®. Recently approved by the Food and Drug Administration, Evolence® is an advanced collagen-based dermal filler that provides long-lasting correction of moderate to deep facial wrinkles and folds. Evolence® most notably removes facial and nasolabial folds, often called “parentheses.”

Dr. Knight is one of only a handful of Orlando physicians who offers Evolence® and has the distinction of being an OrthoNeutrogena Evolence® STAR faculty trainer. He is so knowledgeable about the revolutionary injectable that he is able to travel around the country teaching other doctors how to effectively administer Evolence® treatments.

Why offer Evolence®? Because Evolence® results are immediate with minimal to no downtime post-treatment, Dr. Knight says. Better yet, the results are clinically proven to last six months or longer. Injected just below the skin’s surface, the filler replaces facial collagen, which naturally depletes as a person ages. The result is a natural, younger looking you. Dr. Knight says treated patients also can expect minimal bruising and swelling.

Of course, Knight Dermatology Institute offers other well-known injectables and facial treatments to help bring back your youthful appearance, including Botox® Cosmetic, Juvéderm®, Restylane®, Sculptra®, chemical peels and photofacials.

Kira Geyer of Deltona chose Evolence® to help improve the skin around her mouth and between her nose and upper lip. “The downtime was nothing,” she says. “I’m not a vain person, but I want to look healthy. Dr. Knight is personable, well-spoken and passionate. He explained to me what is expected, showing me many photos. It was a fantastic experience.”

Expert in the Field

For patients new to cosmetic dermatology, Dr. Knight’s specialized training and expertise is assurance that you are in good hands. On staff at Orlando Health and M.D. Anderson Cancer Center, Dr. Knight is a diplomate of the American Board of Dermatology, a fellow of both the American Academy of Dermatology and the American Society for Dermatologic Surgery, and a member of the American Society for Laser Medicine and Surgery and the Florida Society of Dermatologic Surgeons.

A native Floridian, Dr. Knight was raised in Central Florida and has been practicing in Orlando for more than four years. He specializes in cosmetic dermatology and laser surgery of the skin, which is the bulk of his practice. Dr. Knight received his doctorate in medicine from Indiana University. He completed an internship at the University of Hawaii and a residency in dermatology at the University of Kansas.

Located in downtown Orlando on Lake Copeland, Knight Dermatology Institute is a full-service dermatology practice, offering skin cancer screening and treatment as well as many cosmetic and spa services. ■



In addition to offering medical cosmetic procedures and products, Knight Dermatology Institute also offers spa services, including a variety of facials.

At Knight Dermatology Institute, Dr. Knight and his staff provide the following cosmetic services and products:

- Lumenis Total FX™ Fractional CO₂ Laser
- Tattoo Removal
- Laser Treatment of Facial Veins/Rosacea
- Laser Treatment of Leg Veins
- Laser Hair Removal
- Laser Treatment of Pigmented Spots/Melasma
- PhotoDynamic Therapy
- Laser Assisted Photofacials
- Botox® Cosmetic
- Evolence®
- Sculptra®
- Juvéderm®
- Restylane®
- Cosmoplasti®
- Chemical Peels
- RevaléSkin™
- Obagi®
- Kinerase® Pro+ Therapy



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